

## Parent/Guardian Notification and Information on Mycoplasma Pneumoniae

Dear Parent/Guardian,

A case of *Mycoplasma Pneumoniae* was reported in your child's classroom. *Mycoplasma pneumoniae* is a common bacterium usually causing mild respiratory illness in the summer and early fall. In recent months the number of infections has been increasing especially in the younger age groups.

## Please monitor for the following symptoms which usually start within 5-10 days:

Gradual Symptom Onset:	Younger children may also have:	Generally uncommon:
Cold signs and symptoms	Diarrhea	
		Pneumonia
Fever	Wheezing	
	_	Encephalitis (brain disease)
Cough	Vomiting	
Sore throat		

If your child develops any symptoms or is not feeling well, please keep them home and call you healthcare provider.

## Mycoplasma pneumoniae is spread by:

Respiratory droplets when infected person coughs or sneezes

**Individuals at High Risk:** Always consult with your healthcare provider with any questions or concerns. People with pneumonia tend to do well, however, serious complications from infection can uncommonly occur that require hospital care, including new or worsening asthma, severe pneumonia, and encephalitis (brain disease).

## **Prevention:**

- Wash hands frequently with soap and water for 20 seconds or use an alcohol-based sanitizer
- Avoid people who are infected

**Return to school:** A letter of clearance is required to return to school. You child must feel well and have minimal symptoms.

Any questions please email/call your school nurse, (found on your home school website).

For more information:

https://www.cdc.gov/ncird/whats-new/mycoplasma-pneumoniae-infections-have-been-increasing.html

